



Food Hygiene & Waste Disposal

Food Hygiene

The Nurture Circle Ltd. ensures the practice of storing, preparing and serving food meets (or exceeds) regulations for a food provider.

For our sessions we ask that parents and carers provide healthy snacks and drinks for their children. Facilities to make your own hot drinks are available on some of our sites but otherwise we ask that parents bring their own.

However in some of our sessions we may offer the opportunity for parents & children alike to cook simple recipes over the camp fire. In order to meet our responsibilities for this we ensure;

- All members of staff to attend the Outdoor Food hygiene training.
- We follow all recommended practises for food preparation in our kitchens and expect all staff to wear appropriate PPE and wash their hands before and after handling food.
- On a child registering for Nature Club we take detailed information to ensure that any allergies and food preferences are known to us so we can prepare activities in an informed manner.
- We ask that all parents follow our guidance and do not provide snacks with any trace of nut content and any other individual allergies we become aware of will be confidentially shared for the wellbeing of our groups

Food Activity Management

- The Forest School Leader and staff present are responsible for adhering to the food hygiene requirements
- They must when possible provide balanced and healthy options for children, as well as adhering to any special dietary requirements, preferences and food allergies that a child may have.
- It is the responsibility of the Forest School Leader when carrying out a food activity to maintain the fire and the cooking of the food. The Forest School Leader will supervise staff and children who assist with the cooking. When doing so they must be wearing protective gloves.
- The Forest School Leader and any staff present will be responsible for demonstrating how to handle foods safely and hygienically.

- When children are preparing or handling food using tools such as knives it is the responsibility of the Forest School Leader to ensure they are using them safely and correctly on a one to one ratio.
- A risk assessment will be completed before each activity involving cooking on the campfire.
- we will encourage children to try a range of food experiences and activities that broaden their taste and understanding of their own and other cultures, in addition to valuing and respecting other traditions.
- we encourage adults sit with children at snack times and model and encourage social skills and behaviour.

Litter and Disposal of Waste from Nature Club sessions

- When in Forest School it is the responsibility of the Forest School Leader and staff to demonstrate the correct way to dispose of litter and waste to and children. They should also be made aware of why it is important to do so, encouraging children to care for their own environment.
- Children should be encouraged to tidy up after themselves and dispose of their own litter in a designated spot and the site will be thoroughly checked at the end of every session. This will be a carrier bag or big bag provided by the Forest School Leader who will dispose of it appropriately at the end of the activity.
- Food Items that are suitable to compost will be placed in the compost bin for appropriate disposal by the forest school leader
- We ensure that any food waste is disposed of in ways that care for our environment.
- No unused water will be left on site and will be disposed of to ensure it is not left to stagnate. Water around the fire area may be used to extinguish our fire before any left over is disposed of. It is to be poured down sinks or drains to avoid impacting on the natural sustainability of the woodland.

This policy was adopted on	Signed on behalf of the company	Date for review
07/06/2021	<i>Geri Weeks</i>	07/06/2022